

GINGIVAL GRAFT

## Treating Your Gum Recession

You tell us what areas you'd like to improve and we'll show you what treatment options and procedures are available. It's time to relax and share your smile. Let's get started.

Call Us (866) 317-7498

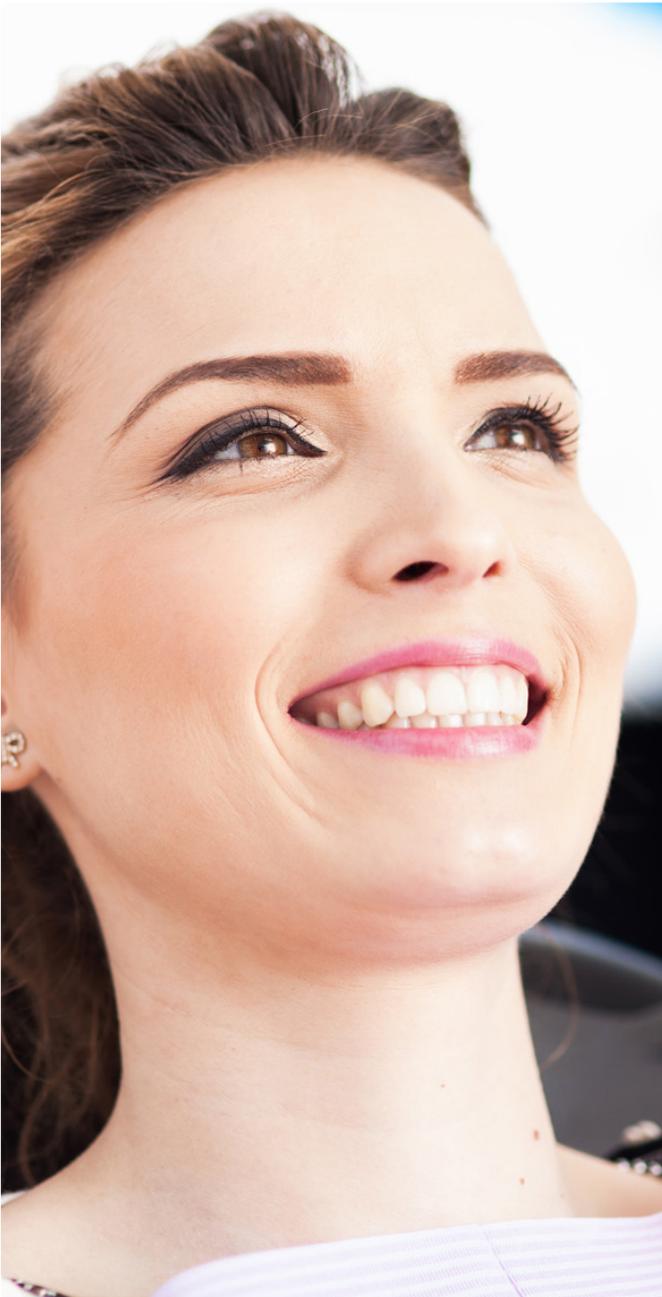


# Table of Content

Introduction	2
Treating Your Gum Recession	3
Commonly Asked Questions	4
Testimonials	5
Meet Your Dentist	6
Booking An Appointment	7

## INTRODUCTION

# Bring Out The Best Of Your Smile!



A shy smile hides your true self from the world. Problems with your teeth, gums and jaw create a barrier between you and your friends and family. If you're self-conscious about discoloured, mishappen or crooked teeth you may find yourself reigning in your smile or hiding it behind your hand. A smile makeover starts with a treatment plan tailored to your personal goals.

You tell us what areas you'd like to improve and we'll show you what treatment options and procedures are available. Feel confident you're in safe hands. We know how important it is for your treatment to be as quick and painless as possible-- we care about your overall health. That's why we have invested in the latest dental technology to ensure a swift diagnosis and a quick and accurate treatment which will have you back on your feet in no time.

Dr. Ameen Al-Obaidi and Dr. Istabraq Jasim

## GINGIVAL GRAFT

# The Gingival (Gum) Graft Procedure

**The gingival (gum) graft procedure is highly predictable, and results in a stable, healthy band of attached tissue around your tooth.**

In health, a tooth is surrounded by two types of tissue. The first is gingiva (gum), which is pink in color and thick and dense under a microscope. Gingiva forms a tight seal around the tooth, which serves as a barrier against penetration of bacteria to your underlying supporting bone. The gingiva also helps to withstand trauma from brushing, eating, etc.

The other type of tissue is mucosa. It is red, thin and appears loose under a microscope.

It does not seal tightly around the tooth, or withstand trauma well (as shown by how easily you can “scrape” the floor of the mouth).

No matter how meticulously you try to control the bacteria when the gum has been lost, there is a greater chance of bacteria affecting the supporting bone around your teeth.

Gum recession also results in root sensitivity to hot and cold foods, and an unsightly appearance.

A gingival gum graft solves these problems.



When gum recession occurs, the body loses a natural defense against both bacterial penetration and trauma. If recession reaches the mucosa, your first line of defense against bacteria is lost.



Following a gingival graft procedure, the area is healthy and more esthetic. The gingival graft covers the exposed portion of the root, improving both your health and esthetics.

## GINGIVAL GRAFT

# Commonly Asked Questions

### How long does a gingival graft procedure take?

The visit to perform a gingival graft is about 60 minutes long. Dissolving stitches are used. One or two 10 minute check-ups are scheduled to ensure the area has healed correctly.

### Will the gingival graft procedure hurt?

Only *Lidocaine* is necessary to perform a gingival graft. You will feel nothing once the area has been numbed. When the *Lidocaine* wears off, there may be mild discomfort. Medication will be prescribed to control any discomfort you might experience. This procedure will not cause you to miss work.

### What is the cost of a gingival graft?

The cost of a gingival graft will vary with the situation. Your periodontist will discuss this with you before proceeding with any treatment.

### How well will the gingival graft procedure work?

A gingival graft procedure is highly predictable. The end result is a healthy, stable band of attached gum tissue, which improves your esthetics and helps to reseal and protect your tooth and underlying bone.

TESTIMONIALS

# What Our Patients Have To Say

“Dr. Ameen and his wonderful staff, dental assistants, front office staff are all lovely, kind, compassionate people. They take immense care with your sensitivities and only want you to have a positive experience. They really care about you and your health but they do so with a light touch and a good sense of humour. I feel like I can relax, as their knowledge, expertise, professionalism, wisdom and education gives me confidence that all will be well after each and every appointment. Thanks for taking good care of me!”

**DONNA**

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“

“I was experiencing pain in several areas that was not addressed in my previous dental care. I knew on my first visit I made the right choice. Over the course of a year, Dr. Ameen corrected numerous problems including several root canals and crowns.”

**SINDY**

“

I have had a lot of dental cleanings in my time, but never has someone taken the time like Barton Dental. Such a wonderful cleaning, as well as very delightful staff. I would strongly recommend this clinic.”

**ED**

“

I had a pain in my tooth and Dr. Ameen was able to see me the same day. I had root canal treatment done, and now my tooth feels great. I totally recommend this clinic.”

**MAHMOOD**

## MEET YOUR DENTIST

# Dr. Ameen

Dr. Ameen graduated from Baghdad University in 1997 with a Bachelor degree in Dental Surgery. He finished a post graduate diploma in dental surgery MFDS from Glasgow in 2010. He was interested in implant surgery and cosmetic dentistry, therefore, he finished his fellowship and continued his clinical and theoretical research, finishing his diploma, in placing and restoring implants. In a nutshell, this prestigious diploma means that he has completed a ton of implants with a very high success rate, and has put in countless hours of continuing education to perfect his craft. Dr. Ameen is happy to be a part of his patient's esthetic journey by helping them restore smiles. He finished his DDS in Canada after passing the NDEB exam in Western Ontario.

Dr. Ameen has had a privilege of working in four continents, which has enabled him to connect and develop great communication skills with patients from all walks of life. He is the owner of four practices; Hamilton (Barton Dental Centre), Mississauga (Tomken Centre Dentistry), Thunder Bay (Redwood Dental Centre), and now recently Thunder Bay (Sky Dental Centre).



# Book your appointment now.

We are determined to put you at ease while determining the best solution for you.

**Call Us (866) 317-7498**